



PEMERINTAH KOTA LUBUKLINGGAU
DINAS KETAHANAN PANGAN

Alamat: Jalan Lapter KM. 0,5 Kel. Air Kuti Kec. Lubuklinggau Timur I
LUBUKLINGGAU, Kode Pos 31626



Rata-rata Harga Pangan Pokok Tingkat Konsumen di Kota Lubuklinggau
Pada Minggu Ke II Bulan Oktober 2022



| | Komoditi | Harga | No | Komoditi | Harga | No | Komoditi | Harga |
|-----|-----------------------|--------|------|--------------------|--------|-----|---------------------------|---------|
| I. | Bahan Pangan Pokok | | | | | | | |
| 1 | Beras (kg) | | 10 | Tomat | 7.750 | IV | Daging (Kg) | |
| | - Medium | 11.313 | 11 | Cung Kadiro | 16.125 | 1. | Daging Ayam | |
| | - Premium | 12.563 | 12 | Wortel | 8.125 | | - Ayam Ras | 32.750 |
| | - Ketan Putih | 16.500 | 13 | Terong Panjang | 9.500 | | - Ayam Buras | 55.000 |
| | - Ketan Hitam | 19.333 | 14 | Terung Bulat | 10.000 | | - Jeroan Ayam(paket) | 3.313 |
| 2 | Jagung (kg) | | 15 | Sawi | 6.625 | 2 | Daging Itik | 42.000 |
| | - Jagung Kering | 8.750 | 16 | Bawang Daun | 14.143 | 3. | Daging Sapi | - |
| | - Jagung Basah | 9.143 | 17 | Kangkung (ikat) | 2.563 | | - Khas | 136.250 |
| 3 | Ubi Kayu (kg) | 3.563 | 18 | Lobak | 10.000 | 4 | Daging Kerbau | 140.000 |
| 4 | Ubi Jalar (kg) | 6.250 | 19 | Labu Siam | 6.750 | 5 | Daging Kambing | 75.000 |
| 5 | Tepung Terigu(kg) | 10.375 | 20 | Buncis | 9.714 | 6 | Daging Domba | - |
| 6 | Tepung Sagu (kg) | 11.813 | 21 | Bayam (Per Ikat) | 2.875 | V | Telur/Egg | |
| 7 | Gula Pasir (kg) | | 22 | Gambas/ Kisik | 10.250 | 1 | Telur Ayam (Butir) | |
| | - Lokal (SHS I) | 14.625 | 23 | Daun Ubi(Per Ikat) | 2.000 | | - Ayam Ras | 2.063 |
| | - Eks Impot | 15.200 | 24. | Paria/Pare | 9.625 | | - Ayam Buras | 3.188 |
| 8 | Gula merah (kg) | 23.250 | III. | Buah -Buahan | | VI | Susu/ Milk (kemas) | |
| 9. | Minyak Goreng (Kg.) | | 1 | Anggur (kg) | 60.000 | 1. | Susu Kental manis(Kaleng) | 16.375 |
| | - Ber-merk | 15.625 | 2 | Apel (kg) | | 2. | Susu Impor | - |
| | - Tanpa Merk | 20.000 | | - Apel Merah | 49.000 | VII | Ikan / Fish (Kg) | |
| 10 | Kedelai (kg) | | 3 | Jeruk (kg) | | 1 | Ikan Mas | 35.571 |
| | - Mutu I | 11.000 | | - Jeruk Import | 25.833 | 2 | Ikan Patin | 26.500 |
| | - Mutu II | 10.000 | | - Jeruk Lokal | 18.600 | 3 | Ikan Nila | 31.875 |
| 11. | Kacang Hijau (kg) | 23.250 | 4 | Nanas (Biji) | 7.500 | 4 | Belut | - |
| 12. | Kacang Tanah (kg) | 29.000 | 5 | Salak (kg) | 13.400 | 5 | Mujair | 33.000 |
| 13. | Kelapa Berkulit (bh) | 5.500 | 6 | Pisang (sisir) | | 6 | Tuna/Tongkol | 31.429 |
| 14. | Kemiri (kg) | 58.800 | | - Pisang Ambon | 19.286 | 7 | Kakap | - |
| II. | Sayur - Sayuran (kg) | | | - Pisang lilin | 9.429 | 8 | cucut | - |
| 1. | Cabe (kg) | | 7 | Alpoket (kg) | 27.500 | 9 | Bawal | - |
| | - Cabe Merah Besar | 65.125 | 8 | Pepaya (Buah) | 7.667 | 11 | Kembung | 70.000 |
| | - Cabe Keriting | 72.500 | 9 | Duku (kg) | 18.333 | 12 | Tenggiri | - |
| | - Cabe Rawit | 52.500 | 10 | Durian (bh) | 33.750 | 13 | Bandeng | - |
| 2 | Bawang Merah | 34.500 | 11 | Rambutan (kg) | 15.000 | 15 | Udang | 115.000 |
| 3 | Bawang Putih | 26.250 | 12 | Sawo (kg) | 12.250 | 16 | Cumi- Cumi /Sotong | 72.000 |
| 4 | Ketimun | 6.250 | 13 | Jambu | 30.000 | 17 | Ikan Lele | 24.333 |
| 5 | Kacang Merah | 27.500 | 14 | Lengkeng | 50.000 | 18 | Ikan Asin Mas | - |
| 6 | Kacang Panjang (ikat) | 3.375 | 15 | Semangka | 8.000 | 19 | Ikan Asin Kakap | 55.000 |
| 7 | Kol /Kubis | 8.500 | 16 | Mangga | 20.000 | 20 | Ikan Asin Bulu Ayam | 34.875 |
| 8 | Kentang Besar | 13.000 | | | | 21 | Ikan Asin Sepat | 50.625 |
| 9 | Kentang Kecil | 12.125 | | | | | | |

Lubuklinggau, 11 Oktober 2022

MENGETAHUI :

Kepala Dinas Ketahanan Pangan
Kota Lubuklinggau

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